

DESIGNATED TRAINING TOPICS
10-HOUR CONSTRUCTION OUTREACH TRAINING PROGRAM

The 10-hour program is intended to provide instruction on a variety of construction safety and health standards to entry level participants.

The recommended topics account for 5 hours of the 10-hour program. For the remainder of the 10-hour course, you may teach any other construction standards and policies and/or expand on the required topic coverage.

RECOMMENDED COURSE TOPICS		
SUBPART	TOPIC	TIME
CFR Part 1903	Introduction to OSHA, OSH Act/General Duty Clause 5(a)(1), General Safety & Health Provisions (C), Competent Person	One Hour
Subpart K	Electrical	One Hour
Subpart M	Fall Protection	One Hour
Choose one or more of these topics:		
Subpart H	Materials Handling, Storage, Use and Disposal	One Hour
Subpart N	Cranes, Derricks, Hoists, Elevators, & Conveyors	One Hour
Subpart O	Motor Vehicles, Mechanized Equipment, Construction Equipment	One Hour
Choose one or more of these topics:		
Subpart L	Scaffolds	One Hour
Subpart P	Excavations	One Hour
Subpart X	Stairways & Ladders	One Hour